

EDGE GOD IN

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Trust Trumps Fear:

Dear Lord, help me to know deep in my soul that you have my best interests in mind so much so that no matter what happens around me in life I am able to trust with complete confidence that with you I am safe and loved.

Edge God In Podcast Week 10: Trust Trumps Fear

Learn:

Problem: We give power to outside circumstance to define our worth, value and capability. This can be a very scary place to live life as we rise and fall depending upon how the world judges us.

Scripture Fear Trumps Trust: Genesis 3:1-13: Who was the 1st human being who ever experienced fear? Adam...think about this for a moment. He's in the garden all is going great for him: good food, great company, God's favor all is well in his world then SHAZAM the little serpent slithers onto the scene and into the world of Eve: "Did God really say that you can't partake of this delicious fruit? He just doesn't want you to know what He knows." Eve starts to ponder: "Hmmm, that's not cool. What's wrong with a little good fruit in life and I can use some extra insights." Perhaps a little fear creeps in..."I might not know all that I could know which is power." Eve approaches Adam: "Hey, you gotta try this fruit." Adam partakes and fear slithers in so much so that they tried to hide from God and play the blame game when God confronted them. When fear takes over the fall happens. Perhaps the biggest fear here is one that trips us up in life way too often: the fear of missing out. The fear of missing out was so extreme that they compromised the truth of who they were created to be and missed out on paradise. Thanks a lot guys.

Scripture Trust Trumps Fear: Daniel 3:15-18: Let's flip to a group of guys who decided to allow trust that God has big plans, bigger than circumstance and has the ability to bring good out of evil when we choose to trust. The definition of trust is: a firm belief in the reliability, truth, ability, or strength of someone or something. In this case it's God. Do you trust that He has your best interests in mind and is working on your behalf behind

the scenes to showcase the best YOU you can possibly be on earth? If you do then fear will be locked out of your interior castle which was the case for Rack, Shack and Benny in Daniel 3:15-18. Here's the scene: The King demands that Rack, Shack and Benny bow down and worship a statue (idol) every time the music kicks in and if they don't they will be thrown into the fiery furnace. Their reply is simple: "No we won't bow down to your statue, we worship the Lord our God and have so much trust in His ability to save us no matter what circumstance we are in that we believe He will deliver and save us." So into the fire they go and as the King observed, a fourth man was seen walking around in the fire with them. Not only do they emerge from the flames without one hair being burnt, they don't even smell like fire and are completely unaffected by the destructive elements of fire. SHAZAM Trust Trumps Fear! Isaiah 43:1-2 nails it when it comes to reminding us of what happens when we trust God: *"Do not fear, I have redeemed you, I have called you by name and you are mine. When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze."*

Reflect:

In what areas of your life do you allow fear to trump your trust in God?

Identify & Adjust:

Moving forward in your life, how specifically will you increase your trust in God when faced with fearful situations? Here are some common fears that get in the way of our trust in God and scriptures to support you: Fear of what others will think (Galatians 1:10), Fear of failure (Matthew 19:26), Fear of not being able to handle something (Romans 8:31), Fear of being left behind or left out (Hebrews 12:3), Fear of criticism (John 12:42-43), Fear of making wrong decisions (Romans 8:28, if you mess up God will find you). Identify 1-3 of your top fears that sabotage your trust in God.

Integrate/Take Action:

Each time you feel that fear you have identified above pause and quote a scripture that you have put to memory and invite God's grace to help you trust in Him more than the fear you are experiencing. Trump your Fears with Greater Trust & Confidence in the One who Calls you by Name and Adores You so Much He Died to Win Your Trust. Will you trust Him?

Surround yourself with people who make you a better person in life